

Consumer health reports, animations and diagrams, full text magazines and other materials from Kentucky Virtual Library



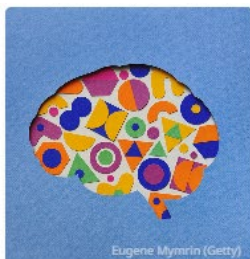
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You have access through your library to consumer health resources for reliable information on health conditions and issues.



Consumer Health Complete: Consumer-oriented content, to understand issues of health and wellness, including medical images and diagrams, animations with audio narration and transcripts; pamphlets and leaflets from the CDC, FDA, NIH and others; drug information in English and Spanish; and Merriam-Webster's Medical Desk Dictionary. Includes mainstream medicine to holistic and integrative medicines.

Search or browse topics.



Mental Health



Health of Older Adults



Food, Nutrition and Exercise



Environmental and Public Health



Children, Youth and Families



Substance Abuse



Pregnancy and Childbirth



Health and Well-Being



Conditions and Diseases



Drugs - English and Spanish



Health Source: Consumer Edition: A collection of full-text consumer health magazines and reference materials which cover a wide variety of subjects, including information on specific diseases as well as overall health topics from consumer health magazines and reference materials.

In **Health Source: Consumer Edition**, search for topics or browse a publication. Titles include: *American Fitness, Arthritis Today, Current Health Kids, Current Health Teens, Golf Digest, Harvard Health Letter, Harvard Heart Letter, Modern Maturity, Mothering, Parenting, Prevention, Runner's World* and more. Also included: *ASHP Patient Medication Information* in English and Spanish.

You can find consumer health resources at <https://kyvl.org/az/health>

About KYVL:

Kentucky Virtual Library offers resources for all ages and needs, through public libraries, school districts, hospitals, universities and colleges across Kentucky.

To access these resources away from those locations, ask about the login for KYVL.

If you need assistance, contact your library or KYVL at KYVL@ky.gov.

Kentucky Virtual Library is a program of the [Council on Postsecondary Education](#).